

Hi, I'm *Lisa Bishop*



LEADERSHIP DEVELOPMENT CONSULTANT.
EXECUTIVE COACH. SPEAKER. AUTHOR.

Over IT. is more than a book—
it's a heartfelt guide from
one girlfriend to another.
I wrote it for the woman who
has held everything together for
everyone else and is ready to
start putting herself back on the list.

For more than two decades, I've helped
high-achieving women break through
burnout, reclaim their confidence,
and lead lives that feel aligned,
fulfilled, and truly their own.

Hey Girlfriend, you don't have to do this alone.

I'll walk right beside you. ♥



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and the White Orchid Collection.



PASSIONATE ABOUT EMPOWERING WOMEN
to rise, realign, and rediscover who they are—
on their own terms.



BELIEVER IN REAL TALK, PRACTICAL STEPS,
and the power of sisterhood to change everything.



A GIRLFRIEND, JUST LIKE YOU—WHO KNOWS
that the best chapter of your life can begin
right where you are.