

Hey Girlfriend...

YOU'VE BEEN CARRYING ENOUGH.



I'd love for you to join me for an afternoon of

**HONEST CONVERSATION • LAUGHTER
ENCOURAGEMENT • CONNECTION**

as we celebrate the launch of my first book,

OVER IT.

A GIRLFRIEND'S GUIDE TO
Getting Back on Track



Because sometimes getting back on track
begins with one conversation...
and the courage to say...

"Me too."



REAL TALK

For the real moments.
No fluff. No judgment.



PRACTICAL STEPS

Reset, refocus, and
reclaim your life.



GREAT COMPANY

Encouragement from
girlfriends who get it.



SPACE TO BREATHE

Reflect, connect,
and move forward.

Join me at a special launch event



WINE GIRL NAPA
NAPA, CALIFORNIA



SATURDAY
AUGUST 15, 2026



3:00 PM
PST



KINDLY RSVP BY
AUGUST 10, 2026

I'd love to see you there.

RESERVE YOUR SEAT

VISIT [OVERITNOW.COM](https://overitnow.com)

READ THE SNEAK PEEK • JOIN THE CONVERSATION



BISHOP PRESS
A WHITE ORCHID COLLECTION

